

## Suggested DPMI Plus Reflection Format

**1-3 pages**

### **Purpose:**

- This deliverable provides a structured opportunity to reflect and distill lessons from your experience and apply them to advance your personal and professional development, especially in terms of clarifying your career choices.
- This deliverable can also help you prepare for job interviews.

### **Suggested Questions**

- (1) What did you learn (both from your successes and failures) about succeeding (a) in an organizational context and (b) in your specialization/career field?
- (2) How has the internship experience reshaped you academically and professionally? i.e. What impact did your colleagues, assignments, organizational environment, and overall learning and professional experiences have on your career goals and aspirations?
  - a. **Your goals:** What is your goal or the broader purpose/cause you wish to contribute to? Why? How will your core values, beliefs, personal strengths, skills, education, experiences, and expertise enable you pursue that goal?
  - b. **Your vision:** Where do you want to be in terms of your career/professional development in the next 3-5 years? In the next 7-10 years?
  - c. **Strategy:** Based on your internship, experience what is your strategy (general principles/approach and specific steps) for turning your vision into reality in the next 3-5 years?